

23rd September 2015 / Jon Rickards

— Long route: 6.9 miles

— Short route: 5.9 miles

- - - Route on a path

2 Mile marker (for long route)

● Unlit road



For a map and prints of your own wednesday night run, either post the route to the TWH group or email to casper.morris@uk.dk.com by tuesday evening.
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