

## 2014 10k Handicap Series Overall Results

Position	Runner	May	June	July	August	Ave (Best 3)
1	Nicola Morris	65:04:00	68:33:00	68:41:00	69:05:00	67:26:00
2	Richard French	64:48:00	69:02:00	69:00:00	71:18:00	67:37:00
3	Simon Howden	66:45:00	69:47:00	69:56:00	69:59:00	68:49:00
4	Claudia Williams	67:25:00	70:48:00	68:18:00		68:50:00
5	Alex Taylor	67:17:00	70:41:00	70:03:00	69:55:00	69:05:00
6	Steve Woodruffe		68:14:00	69:15:00	69:50:00	69:06:00
7	Hayley Larkin	70:10:00	69:01:00	68:36:00		69:16:00
8	Mark Taylor	69:37:00	69:18:00	69:12:00	69:29:00	69:20:00
9	Saul Harris	67:31:00	69:52:00	70:42:00		69:22:00
10	Sonia Barden	69:40:00	69:48:00	68:39:00		69:22:00
11	Ana-Maria Green	68:54:00	70:06:00	69:17:00	72:10:00	69:26:00
12	Casper Morris	67:33:00	71:07:00	70:16:00	72:02:00	69:39:00
13	James Sarre	69:36:00	69:59:00	69:26:00		69:40:00
14	Gareth Vidler	68:43:00		68:59:00	72:06:00	69:56:00
15	Jane Ryland	71:51:00	69:16:00	68:46:00		69:58:00
16	Mike King		74:21:00	68:56:00	67:06:00	70:08:00
17	Ken MacSporran	67:20:00	70:57:00	72:14:00		70:10:00
18	George Harris	69:12:00		70:23:00	71:14:00	70:16:00
19	Peter Richardson	70:34:00	70:05:00	70:59:00	71:21:00	70:33:00
20	Lesley Mercer	69:49:00		69:43:00	72:11:00	70:34:00
21	Robert Winter	70:50:00	71:02:00	69:53:00		70:35:00
22	Dan Stackhouse	68:03:00	72:00:00	73:27:00	71:56:00	70:40:00
23	Nigel Duffey	68:58:00		71:31:00	71:44:00	70:44:00
24	Peter Tullett	71:08:00	71:24:00	70:05:00		70:52:00
25	Sarah Hilton	71:04:00	70:33:00	71:16:00		70:58:00
26	Derek Harrison	69:48:00	71:22:00		71:51:00	71:00:00
27	Mike Sharp	71:18:00	70:49:00	70:57:00		71:01:00
28	Cath Rawlings	69:34:00		71:43:00	71:57:00	71:05:00
29	Michael Russell	70:43:00	71:52:00		73:15:00	71:57:00
30	Geoff Turner	70:45:00	73:44:00		74:35:00	73:01:00

## 2014 May Results

Position	Runner (actual time)	Handicap Time	Position	Runner	Actual Time
1	Dave Kelly (49:35)	64:35	1	Sam Begg	36:26
2	Richard French (49:48)	64:48	2	Craig Chapman	37:02
3	Nicola Morris (48:04)	65:04	3	Andrew Joad	40:07
4	Sarah Bailey (42:59)	65:59	4	Matt Clements	40:25
5	Simon Hawkesworth (42:00)	66:00	5	James Sarre	40:36
6	Lydia Martelly-French (66:24)	66:24	6	Martin Coxon	40:57
7	Jeannette White (44:11)	66:41	7	Dave Hadaway	41:09
8	Simon Howden (41:45)	66:45	8	Geoff Turner	41:15
9	Kieran Fitzpatrick (42:58)	66:58	9	Simon Howden	41:45
10	Alex Taylor (47:17)	67:17	10	Ken MacSporran	41:50
11	Ken MacSporran (41:50)	67:20	11	Simon Hawkesworth	42:00
12	Nicola Withers (52:23)	67:23	12	Mike Thompson	42:09
13	Claudia Williams (52:25)	67:25	13	Adrian Marshall	42:47
14	Saul Harris (43:31)	67:31	14	Neil Clark	42:50
15	Casper Morris (43:33)	67:33	15	Kieran Fitzpatrick	42:58
16	Phil Buss (44:38)	67:38	16	Sarah Bailey	42:59
17	Heidi Wain (48:50)	67:50	17	Allan Collard	43:12
18	Dan Stackhouse (47:33)	68:03	18	Saul Harris	43:31
19	Andrew Joad (40:07)	68:07	19	Casper Morris	43:33
20	Cathy Freeman (48:15)	68:15	20	Robert Winter	43:50
21	Andrew Marshall (44:17)	68:17	21	Jeannette White	44:11
22	Carol Tsang (50:23)	68:23	22	George Harris	44:12
23	Adam Piper (44:33)	68:33	23	Andrew Marshall	44:17
24	Catherine Thorp (47:34)	68:34	24	Peter Hillier	44:27
25	Gareth Vidler (45:43)	68:43	25	Adam Piper	44:33
26	Ana-Maria Green (52:24)	68:54	26	Mark Taylor	44:37
27	Andy Boorman (48:57)	68:57	27	Phil Buss	44:38
28	Nigel Duffey (57:58)	68:58	28	Gareth Vidler	45:43
29	Ollie Gell (45:59)	68:59	29	Ollie Gell	45:59
30	Colin Ricketts (46:09)	69:09	30	Colin Ricketts	46:09
31	George Harris (44:12)	69:12	31	Mark French	46:30
32	Stuart Dixon (55:15)	69:15	32	Derek Harrison	46:48
33	Matt Clements (40:25)	69:25	33	Lesley Mercer	46:49
34	Sam Begg (36:26)	69:26	34	David Nethercote	46:58
35	Rosa Britton (52:32)	69:32	35	Alex Taylor	47:17
36	Natalie Bere (49:03)	69:33	36	Dan Stackhouse	47:33
37	Cath Rawlings (53:34)	69:34	37	Catherine Thorp	47:34
38	James Sarre (40:36)	69:36	38	Nicola Morris	48:04
39	Mark Taylor (44:37)	69:37	39	Peter Tullett	48:08
40	Sonia Barden (49:10)	69:40	40	Michael Russell	48:13
41	Adrian Marshall (42:47)	69:47	41	Cathy Freeman	48:15
42	Derek Harrison (46:48)	69:48	42	Peter Richardson	48:34
43	Lesley Mercer (46:49)	69:49	43	Heidi Wain	48:50
44	Colin Fox (52:55)	69:55	44	Andy Boorman	48:57
45	Martin Coxon (40:57)	69:57	45	Natalie Bere	49:03
46	Hayley Larkin (52:10)	70:10	46	Sonia Barden	49:10
47	Allan Collard (43:12)	70:12	47	Dave Kelly	49:35
48	Peter Hillier (44:27)	70:27	48	Richard French	49:48
49	Craig Chapman (37:02)	70:32	49	Mike Sharp	50:18
50	Peter Richardson (48:34)	70:34	50	Carol Tsang	50:23
51	Dave Hadaway (41:09)	70:39	51	Nicky White	52:10
52	Michael Russell (48:13)	70:43	52	Hayley Larkin	52:10
53	Geoff Turner (41:15)	70:45	53	Nicola Withers	52:23
54	Lucille Joannes (53:17)	70:47	54	Ana-Maria Green	52:24
55	Robert Winter (43:50)	70:50	55	Claudia Williams	52:25

56	Richard Martin (59:03)	71:03	56	Rosa Britton	52:32
57	Sarah Hilton (61:04)	71:04	57	Colin Fox	52:55
58	Peter Tullett (48:08)	71:08	58	Lucille Joannes	53:17
59	Mike Thompson (42:09)	71:09	59	Cath Rawlings	53:34
60	Nicky White (52:10)	71:10	60	Stuart Dixon	55:15
61	Mike Sharp (50:18)	71:18	61	Jane Ryland	56:51
62	Neil Clark (42:50)	71:20	62	Peter Knapp	57:12
63	Jane Ryland (56:51)	71:51	63	Nigel Duffey	57:58
64	David Nethercote (46:58)	71:58	64	Richard Martin	59:03
65	Peter Knapp (57:12)	72:12	65	Sarah Hilton	61:04
66	Mark French (46:30)	72:30	66	James Smith	62:00
67	James Smith (62:00)	77:00	67	Lydia Martelly-French	66:24

## 2014 June Results

Position	Runner (actual time)	Handicap Time	Position	Runner	Actual Time
1	James Horne (53:17)	67:17:00	1	Andy Howey	37:35:00
2	Zoe Button (46:12)	68:12:00	2	Steve Woodruffe	40:15:00
3	Claudia Williams (50:48)	68:18:00	3	James Sarre	40:26:00
4	Kim Deeney (46:27)	68:27:00	4	Simon Howden	41:56:00
5	Hayley Larkin (50:06)	68:36:00	5	Steve Austin	42:04:00
6	Sonia Barden (48:09)	68:39:00	6	Paul White	42:34:00
7	Nicola Morris (46:41)	68:41:00	7	Mike King	42:56:00
8	Jane Ryland (55:16)	68:46:00	8	Robert Winter	43:23:00
9	Mike King (42:56)	68:56:00	9	Casper Morris	43:46:00
10	Gareth Vidler (44:59)	68:59:00	10	Jeannette White	44:04:00
11	Richard French (48:30)	69:00:00	11	Jamie White	44:10:00
12	Steve Austin (42:04)	69:04:00	12	Mark Taylor	44:12:00
13	Jamie White (44:10)	69:10:00	13	Ken MacSporran	44:14:00
14	Mark Taylor (44:12)	69:12:00	14	Saul Harris	44:42:00
15	Steve Woodruffe (40:15)	69:15:00	15	Adam Steger	44:46:00
16	Ana-Maria Green (51:47)	69:17:00	16	Gareth Vidler	44:59:00
17	Mark Wheeler (53:20)	69:20:00	17	George Harris	45:23:00
18	Colin Ricketts (46:25)	69:25:00	18	Zoe Button	46:12:00
19	James Sarre (40:26)	69:26:00	19	Colin Ricketts	46:25:00
20	Jeannette White (44:04)	69:34:00	20	Kim Deeney	46:27:00
21	Lesley Mercer (46:43)	69:43:00	21	Nicola Morris	46:41:00
22	Sarah Lavendar (47:44)	69:44:00	22	Lesley Mercer	46:43:00
23	Rosie Gildersthorp (49:16)	69:46:00	23	Ollie Gell	46:44:00
24	Robert Winter (43:23)	69:53:00	24	Simon Holford	46:52:00
25	Simon Howden (41:56)	69:56:00	25	Alex Taylor	47:33:00
26	Alex Taylor (47:33)	70:03:00	26	Sarah Lavendar	47:44:00
27	Peter Tullett (48:05)	70:05:00	27	Peter Tullett	48:05:00
28	Casper Morris (43:46)	70:16:00	28	Sonia Barden	48:09:00
29	George Harris (45:23)	70:23:00	29	Richard French	48:30:00
30	Rowan Edwards (50:29)	70:29:00	30	Guy Gracey	48:54:00
31	Paul White (42:34)	70:34:00	31	Peter Richardson	48:59:00
32	Andy Howey (37:35)	70:35:00	32	Rosie Gildersthorp	49:16:00
33	Yvonne Smith (62:37)	70:37:00	33	Hayley Larkin	50:06:00
34	Saul Harris (44:42)	70:42:00	34	Andy Boorman	50:06:00
35	Ollie Gell (46:44)	70:44:00	35	Mike Sharp	50:27:00
36	Adam Steger (44:46)	70:46:00	36	Rowan Edwards	50:29:00
37	Mike Sharp (50:27)	70:57:00	37	Claudia Williams	50:48:00
38	Peter Richardson (48:59)	70:59:00	38	Dan Stackhouse	50:57:00
39	Andy Boorman (50:06)	71:06:00	39	James Niblett	51:09:00
40	James Niblett (51:09)	71:09:00	40	Ana-Maria Green	51:47:00
41	Sarah Hilton (62:16)	71:16:00	41	James Horne	53:17:00

42	Nigel Duffey (59:31)	71:31:00	42	Mark Wheeler	53:20:00
43	Cath Rawlings (55:43)	71:43:00	43	Jane Ryland	55:16:00
44	Richard Martin (59:51)	71:51:00	44	Cath Rawlings	55:43:00
45	Guy Gracey (48:54)	71:54:00	45	Nigel Duffey	59:31:00
46	Ken MacSporran (44:14)	72:14:00	46	Richard Martin	59:51:00
47	Simon Holford (46:52)	72:22:00	47	Sarah Hilton	62:16:00
48	Dan Stackhouse (50:57)	73:27:00	48	Yvonne Smith	62:37:00

## 2014 July Results

Position	Runner (actual time)	Handicap Time	Position	Runner	Actual Time
1	James Horne (53:17)	67:17	1	Andy Howey	37:35
2	Zoe Button (46:12)	68:12	2	Steve Woodruffe	40:15
3	Claudia Williams (50:48)	68:18	3	James Sarre	40:26
4	Kim Deeney (46:27)	68:27	4	Simon Howden	41:56
5	Hayley Larkin (50:06)	68:36	5	Steve Austin	42:04
6	Sonia Barden (48:09)	68:39	6	Paul White	42:34
7	Nicola Morris (46:41)	68:41	7	Mike King	42:56
8	Jane Ryland (55:16)	68:46	8	Robert Winter	43:23
9	Mike King (42:56)	68:56	9	Casper Morris	43:46
10	Gareth Vidler (44:59)	68:59	10	Jeannette White	44:04
11	Richard French (48:30)	69:00	11	Jamie White	44:10
12	Steve Austin (42:04)	69:04	12	Mark Taylor	44:12
13	Jamie White (44:10)	69:10	13	Ken MacSporran	44:14
14	Mark Taylor (44:12)	69:12	14	Saul Harris	44:42
15	Steve Woodruffe (40:15)	69:15	15	Adam Steger	44:46
16	Ana-Maria Green (51:47)	69:17	16	Gareth Vidler	44:59
17	Mark Wheeler (53:20)	69:20	17	George Harris	45:23
18	Colin Ricketts (46:25)	69:25	18	Zoe Button	46:12
19	James Sarre (40:26)	69:26	19	Colin Ricketts	46:25
20	Jeannette White (44:04)	69:34	20	Kim Deeney	46:27
21	Lesley Mercer (46:43)	69:43	21	Nicola Morris	46:41
22	Sarah Lavendar (47:44)	69:44	22	Lesley Mercer	46:43
23	Rosie Gildersthorp (49:16)	69:46	23	Ollie Gell	46:44
24	Robert Winter (43:23)	69:53	24	Simon Holford	46:52
25	Simon Howden (41:56)	69:56	25	Alex Taylor	47:33
26	Alex Taylor (47:33)	70:03	26	Sarah Lavendar	47:44
27	Peter Tullett (48:05)	70:05	27	Peter Tullett	48:05
28	Casper Morris (43:46)	70:16	28	Sonia Barden	48:09
29	George Harris (45:23)	70:23	29	Richard French	48:30
30	Rowan Edwards (50:29)	70:29	30	Guy Gracey	48:54
31	Paul White (42:34)	70:34	31	Peter Richardson	48:59
32	Andy Howey (37:35)	70:35	32	Rosie Gildersthorp	49:16
33	Yvonne Smith (62:37)	70:37	33	Hayley Larkin	50:06
34	Saul Harris (44:42)	70:42	34	Andy Boorman	50:06
35	Ollie Gell (46:44)	70:44	35	Mike Sharp	50:27
36	Adam Steger (44:46)	70:46	36	Rowan Edwards	50:29
37	Mike Sharp (50:27)	70:57	37	Claudia Williams	50:48
38	Peter Richardson (48:59)	70:59	38	Dan Stackhouse	50:57
39	Andy Boorman (50:06)	71:06	39	James Niblett	51:09
40	James Niblett (51:09)	71:09	40	Ana-Maria Green	51:47
41	Sarah Hilton (62:16)	71:16	41	James Horne	53:17
42	Nigel Duffey (59:31)	71:31	42	Mark Wheeler	53:20
43	Cath Rawlings (55:43)	71:43	43	Jane Ryland	55:16
44	Richard Martin (59:51)	71:51	44	Cath Rawlings	55:43
45	Guy Gracey (48:54)	71:54	45	Nigel Duffey	59:31
46	Ken MacSporran (44:14)	72:14	46	Richard Martin	59:51

47	Simon Holford (46:52)	72:22	47	Sarah Hilton	62:16
48	Dan Stackhouse (50:57)	73:27	48	Yvonne Smith	62:37

## 2014 August Results

Position	Runner (actual time)	Handicap Time	Position	Runner	Actual Time
1	Ali Marshall (58:52)	66:52:00	1	Andy Howey	36:15:00
2	Mike King (41:06)	67:06:00	2	Alice Heather-Hayes	39:04:00
3	Rob Brophy (44:47)	68:17:00	3	Ed Steele	39:31:00
4	Matt Clark (40:29)	68:29:00	4	Tim Lucas	39:33:00
5	Ed Steele (39:31)	68:31:00	5	Matt Clark	40:29:00
6	Eric Perrier (43:36)	68:36:00	6	Steve Woodruffe	40:50:00
7	Amanda Paver (52:39)	68:39:00	7	Mike King	41:06:00
8	Nicola Morris (46:35)	69:05:00	8	Simon Howden	41:59:00
9	Andy Howey (36:15)	69:15:00	9	Eric Perrier	43:36:00
10	Ruth Burton (61:18)	69:18:00	10	Adam Steger	43:49:00
11	Mark Taylor (43:59)	69:29:00	11	Mark Taylor	43:59:00
12	Adam Steger (43:49)	69:49:00	12	Rob Brophy	44:47:00
13	Steve Woodruffe (40:50)	69:50:00	13	Geoff Turner	45:05:00
14	Alex Taylor (47:25)	69:55:00	14	Michael Tull	45:15:00
15	James Horne (53:26)	69:56:00	15	Casper Morris	45:32:00
16	Simon Howden (41:59)	69:59:00	16	George Harris	46:14:00
17	Alice Heather-Hayes (39:04)	70:04:00	17	Nicola Morris	46:35:00
18	Nicola Withers (52:43)	70:13:00	18	Alex Taylor	47:25:00
19	Nicky White (51:59)	70:29:00	19	Gareth Vidler	47:36:00
20	Tim Lucas (39:33)	70:33:00	20	Derek Harrison	48:51:00
21	Steve Shaw (60:40)	70:40:00	21	Lesley Mercer	49:11:00
22	George Harris (46:14)	71:14:00	22	Peter Richardson	49:51:00
23	Richard French (50:18)	71:18:00	23	Richard French	50:18:00
24	Peter Richardson (49:51)	71:21:00	24	Michael Russell	51:15:00
25	Joan Woodward (55:24)	71:24:00	25	Dan Stackhouse	51:26:00
26	Ian Nunns (59:43)	71:43:00	26	Nicky White	51:59:00
27	Nigel Duffey (59:44)	71:44:00	27	Amanda Paver	52:39:00
28	Derek Harrison (48:51)	71:51:00	28	Nicola Withers	52:43:00
29	Dan Stackhouse (51:26)	71:56:00	29	James Horne	53:26:00
30	Cath Rawlings (55:57)	71:57:00	30	Ana-Maria Green	54:40:00
31	Casper Morris (45:32)	72:02:00	31	Joan Woodward	55:24:00
32	Gareth Vidler (47:36)	72:06:00	32	Cath Rawlings	55:57:00
33	Ana-Maria Green (54:40)	72:10:00	33	Deb Stamp	56:31:00
34	Lesley Mercer (49:11)	72:11:00	34	Ali Marshall	58:52:00
35	Michael Russell (51:15)	73:15:00	35	Ian Nunns	59:43:00
36	Deb Stamp (56:31)	74:01:00	36	Nigel Duffey	59:44:00
37	Michael Tull (45:15)	74:15:00	37	Steve Shaw	60:40:00
38	Geoff Turner (45:05)	74:35:00	38	Ruth Burton	61:18:00
39	Graham Brooks (76:43)	76:43:00	39	Graham Brooks	76:43:00