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Club Run from the Junction Inn, Groombridge (TN3 9RB)

Wednesday 10th July 2019, 7.30pm

All routes run anticlockwise and are marked with flour (weather permitting). Always take the LEFT HAND option at each decision point marked with a flour circle or 'check' ○ to take the shorter route:

- Long route 7.5 miles (marked 'L' for long at all checks)
- Short cut to 5.3 miles (marked 'M' for medium at second and third checks)
- Short cut to 4.7 miles (marked 'S' for short at second and third checks)
- Short cut to 2.8 miles (marked 'W' for walking at first check)

Emergency phone: 07471 810002