

The Club Trophies and Awards for the **calendar year of 2018, including the 2018/19 cross country season** will be presented at the Club Party on Saturday 23rd March. The recipients of the following awards are decided by votes cast by the membership. The performances which are considered for these awards *do not* include those achieved during the Club Championship or Handicap races.

All voting is on-line, but the following listing of the performances is provided should you wish to read through and make your choices before going on line. These are not nominations, and you may vote for any club member that you choose (including yourself!). Please note that there are male **and** female Cath Hulme and David Abbott trophies, so make sure that you vote for seven recipients in total.

Note also that PB = Personal Best and AGPB = Age Group Personal Best.

The Bob Whyte Trophy – for athletic achievement

This award is made to a club member who has made a significant personal achievement during the year. Examples would be a notable improvement in racing performance, or attaining a personal goal.

Notable achievements in 2018:

- **David Barker** Improvement of 1hr 45 mins in the 153 mile Spartathon in Greece; completed the 100 mile Berlin Wall Race in 17 hrs 21 mins.
- **Amanda Bruneau** Completed 15 marathons in 2018, reaching a lifetime total of 50 marathons.
- **Craig Chapman** Became the first Harrier to complete the 'Six Majors' of the London, Boston, New York, Tokyo, Chicago and Berlin marathons.
- **Martin Hobbs** PBs at 5k, 10k, 10 miles and half marathon.
- **Jillian Holford** PBs at 5 miles (by 2 mins), 10k (by 1:33), half marathon (by 2:17) and marathon (2 mins).
- **Simon Holford** PBs at 5 miles (by 2:48), 10k (by 1:19), 10 miles (by 3:23) and marathon (by 1:17).
- **Mike King** PBs at 10k, 10 miles (by 2 mins) and marathon, achieving his goal of a sub-3 hr race (2:59:06)
- **Hayley Larkin** PBs at 10 miles (by 40 secs), half marathon (by 1:17) and marathon (by 2 mins).
- **Tim Lucas** PB at half marathon (3min)and marathon PB of 2:58:59 at Brighton
- **Amanda Smith** PBs at 10 miles, half marathon (twice, by 9 mins) and marathon
- **Chris Smith** Completed the 'Bob Graham Round' of 42 Lake District fells in 24 hours (66 miles and 42,000 feet of climbing), becoming only the second Harrier to do so.
- **Dominic Taylor-Langley** Five PBs, four at 10k (by 2 mins) and one at half marathon.
- **Nigel Webb** Completed 12 marathons in 2018, reaching a lifetime total of 200 marathons
- **Harriet Woolley** Seven PBs at one mile, 5 miles (by 2:20), 10k (by 2 mins), 10 miles (twice, by 19 mins), half marathon (by 4 mins)and marathon (by 9 mins)
- **Tom Woolley** Six PBs at 1500m, 1 mile (twice), 5k, 10k (by 4 mins) and half marathon (by 6½ mins).

The Most Improved Club Runner Trophy

This award is made to a club member who has made a significant improvement in their performances during the year.

Notable improvements during 2018:

- **Clare Andrew** Ran in 20 events gaining PBs at 10k (twice) and marathon and finishing 29th (of 249) in the Kent Grand Prix.
- **Alex Blackall** PBs at 10k (by 1:15), half marathon (by 3 mins) and marathon.
- **Sarah Ferns** Three minute improvement in 10k PB.
- **Ana-Maria Green** Returned to marathon running following injury, achieving times close to her best.
- **Paul Hollis** PBs at 10k (twice, by 7 mins), half marathon (by 19 mins) and marathon (by 1 hr 23 mins).
- **Sonja King** PBs at parkrun (by 30 secs), half marathon (by 4 mins) and marathon (by 14 mins, achieving a London Marathon GFA time).
- **Kate Naylor** PBs at 10k (twice) and half marathon, and finishing 27th (of 249) and 7th F35 in the Kent Grand Prix.
- **Rose Sawyer** PB at 10k and had her first cross country season running in both South of the Thames CCA events.
- **Deb Stamp** Ran five marathons, gaining age group PBs in three at Brighton, Edinburgh and Thanet.
- **Gemma Stilliard** Competed on the road and cross country, finishing 2nd F40 in the Penshurst Cross Country, 3rd F40 in the Tonbridge Half Marathon and 4th F40 in the Staplehurst 10m.
- **Carol Tsang** Returned from illness to complete 25 events in 2018, seventeen of which were in club teams in relays, league events, KGP races or county, area and national championships.
- **Tomas Vnucak** Starting as a new runner, completed the Bewl 15, Maverick 21k Trail Race and Thanet Marathon.

The Cath Hulme Men's & Women's Trophies – for athletic excellence

This trophy is awarded for achieving a high standard of athletic performance in any area of the sport – road, cross country or track. Such performances might include gaining high overall positions in open events or championships, setting Club records or winning county, area or national championship medals.

Notable performances in 2018:

Women

- **Michelle Bradshaw** Five club F55 records at mile (twice), 5k and 10k (twice).
- **Pru Clements** 1st team in High Elms 10k and Tonbridge Half Marathon; 2nd team in Canterbury 10, Dartford Half Marathon and Kent Masters Cross Country Champs (F35).
- **Cathy Gill** 6th pair overall (with Alex Jeffreys) in Class D of the 2-day Scottish Mountain Marathon (20k/18k); 4th overall in Eridge Park 10.
- **Jillian Holford** Two club F45 records at 10k; 1st team in Mid Kent 5 miles and Rye Summer Series 5k No.3; 2nd team in Kent Masters Cross Country Champs (F35).
- **Hayley Larkin** 2nd overall and 1st team in Rye Summer Series 5k race No.1; 3rd overall in North Downs 30k, 4th overall (of 249) in the Kent Road Running Grand Prix scoring 261 pts (7 events); 1st team in Folkestone 10, High Elms 10k, Rye Summer Series 5k race No.1 and Tonbridge Half Marathon; 2nd Kent Champs team in Dartford Half Marathon; 2nd team in Canterbury 10 and Tunbridge Wells Half Marathon.
- **Nicola Morris** Two club F45 records at mile and 5k; 1st in Eastbourne Golden Mile; 2nd in Eastbourne Golden 5k; 1st team in Folkestone 10, Rye Summer Series 5k race No.1 and Deal Dinosaur 10k; 7th overall (of 249) in the Kent Road Running Grand Prix scoring 217 pts (6 events).
- **Stella Richardson** Three F60 club records at mile, 10k and half marathon
- **Tara Taylor** 1st overall in Rotary Heritage Coastal Marathon; 1st overall in Giant's Causeway Coastal Marathon.
- **Harriet Woolley** Three club senior records at mile, 5k and 10 miles; selected to run for Kent in the South of England Inter Counties Cross Country Champs; 1st overall (of 249) in the Kent Road Running Grand Prix scoring 291 pts (8 events); 1st overall and 1st team in Folkestone 10, High Elms 10k and Deal Dinosaur 10k; 2nd overall and 1st team in Tonbridge Half Marathon; 2nd overall and 2nd team in Mid Kent 5 miles; 3rd overall in North Downs 30k; 2nd team in Canterbury 10 and Tunbridge Wells Half Marathon.

Men

- **John Baldock** 1st overall Sheerness Island Run 5k; 3rd overall Hildenborough 10.
- **Craig Chapman** 7th overall (of 249) in the Kent Road Running Grand Prix scoring 483 pts (6 events); 2nd Kent Championships team in Dartford Half Marathon; 3rd team in Tonbridge Half Marathon.
- **Kieran Fitzpatrick** 2nd overall in Rye Summer Series 5k race No.2, 3rd overall and 1st team in Race No.1 and 3rd overall in the race series; 1st team in Eridge Park 10.
- **Billy Hobbs** 1st U20 man and 9th overall in Kent County Cross Country Championships; 1st overall and 3rd team in Folkestone 10; 1st U21 and 1st team in Deal Dinosaur 10k; 1st senior man and 1st team in Eridge Park 10; 1st junior man and 2nd overall in Staplehurst 10; 2nd overall and 2nd team in Tunbridge Wells Half Marathon.
- **Andy Howey** Twelve club M55 records at 200m, 800m (twice), 1500m, 3000m, 5000m, mile, 5k, 10k, 10 miles (twice) and half marathon; selected to run for England in Masters' 10k International; 4th overall (of 532) in the Kent Road Running Grand Prix scoring 535 pts (7 events); 1st team in Deal Dinosaur 10k and Eridge Park 10; 2nd Kent Championships team in Dartford Half Marathon; 3rd team in Folkestone 10 and Tonbridge Half Marathon.
- **Alex Jeffreys** 6th pair overall (with Cathy Gill) in Class D of the 2-day Scottish Mountain Marathon (20k/18k); 2nd team Tunbridge Wells Half Marathon; 3rd team Tonbridge Half Marathon.
- **Will Levett** Club M40 10k record (33:08); 1st overall Crowborough 10k.
- **Javier Montoya-Montero** Fastest marathon by a Harrier in 2018 (2:56:06) in Newport (35th of 3393)
- **Joshua Pratt** 1st overall Bedgebury Twilight 10k.
- **Mark Taylor** Club M65 5 mile record; 1st team at Rye Summer Series 5k race No.1.

The David Abbott Men's & Women's Trophies – for cross country running

These awards are made to Club members who have made a significant personal achievement or achieved a high standard of athletic excellence in cross country running.

Notable cross country achievements during 2018 and in the 2018/19 winter season

Women

- **Michelle Bradshaw** 1st F60, 2nd F55 and 17th of all master cats (of 160) in Kent Cross Country League final standings (1st F60 in Event 4, 2nd F55 in Events 2 & 3 and 3rd F55 in Event 1); 1st F60 in Kent Cross Country Championships; 2nd F60 in South of the Thames Cross Country Association Championships; 3rd F55 in Kent Masters Cross Country Championships
- **Pru Clements** 3rd F40 and 2nd F35 team in Kent Masters Cross Country Championships; 3rd F40 in South of the Thames Cross Country Association Championships; 3rd F40 in Kent League Event 1, 4th F40 in Events 3 and 4; 8th F45 and of 39th of all master cats (of 160) in Kent Cross Country League final standings.
- **Jillian Holford** 2nd F35 team in Kent Masters Cross Country Championships; 1st TWH in Kent Cross Country Championships, South of England Cross Country Championships and Kent League Event 4; 3rd F45 in Kent League Events 1 and 4, 5th F45 in Event 3, 9th F45 and of 40th of all master cats (of 160) in Kent Cross Country League final standings; 4th F45 in South of the Thames Cross Country Association Championships.
- **Kate Naylor** 2nd F35 team in Kent Masters Cross Country Championships; 2nd overall and 1st F40 in Bedgebury Forest 10.
- **Stella Richardson** 2nd F60 in South Downs Marathon; 1st F60 in Penshurst Cross Country; 2nd F60, 4th F55 and 22nd of all master cats (of 160) in Kent Cross Country League final standings (1st F60 in Events 1,2 & 3, 2nd F60 in Event 4)
- **Tara Taylor** 1st F50 in Steyning Stinger Marathon; 5th F50 in Beachy Head Marathon.
- **Carol Tsang** 2nd F40 and 29th of all master cats (of 160) in Kent Cross Country League final standings.
- **Harriet Woolley** Selected to run for Kent in the South of England Inter Counties Cross Country Champs, 1st TWH in Kent Cross Country League Events 1, 2 & 3

Men

- **Steve Austin** 1st M60 in Penshurst Cross Country; 2nd M60 in South of the Thames Cross Country Association Championships; 3rd M60 in Kent Cross Country League Events 2 and 3..
- **David Barker** 2nd overall and 1st M50 in Essex 30 miles; 3rd M50 in Weald Challenge 50k.
- **Billy Hobbs** 1st U20 man and 9th overall in Kent County Cross Country Championships; 1st senior man and 1st team in Eridge Park 10.
- **Andy Howey** 1st M55 in South of England Masters Cross Country Championships, 1st M55 in South of the Thames Cross Country Association Championships; 1st M50/M55 in Kent Cross Country League final standings and 4th of all masters cats (of 236); 3rd M50/1st M55 in Kent Masters Cross Country Championships; 1st M55 in Kent Cross Country Championships; 1st TWH in Kent Cross Country League Events 1 to 4 and South of England Cross Country Championships; 1st M50 and 1st team in Eridge Park 10, 1st M50 in Penshurst Cross Country; 1st M50 in East Sussex CCL, Ashdown Forest.
- **Nick Pierce** 2nd M60 in Penshurst Cross Country; 4th M60 in Kent Cross Country League Event 2 and 5th M60 in Event 1.
- **Peter Richardson** 3rd M60/1st M65 and of 41st of all master cats (of 236) in Kent Cross Country League final standings (3rd M65 in Events 2 & 4, 5th M65 in Event 3); 5th M60 in Penshurst Cross Country; 5th M60 in East Sussex CCL, Ashdown Forest.
- **Bryon Taylor** 1st M75/5th M70 in Kent Cross Country League final standings; 2nd M75 in Kent Masters Cross Country Championships.
- **Mark Taylor** 1st M60 in Eridge Park 10; 10th M60/5th M65 in Kent Cross Country League final standings (2nd M65 in Events 1 & 2, 3rd M65 in Event 3).

The Jim Simmons Veterans Trophy – for achievement in masters’ athletics

This award is made to a Club member who has made a significant personal achievement or achieved a high standard of athletic excellence in any area of masters’ athletics on the road, cross country or track.

Notable masters’ athletics achievements in 2018

- **Steve Austin** 1st M60 in Tonbridge Half Marathon and Penshurst Cross Country; 2nd M60 in Staplehurst 10 and South of the Thames Cross Country Association Championships; 3rd M60 in Kent Cross Country League Events 2 and 3; 5th M60 in Deal Dinosaur 10k.
- **Michelle Bradshaw** Five club F55 records at mile (twice), 5k and 10k (twice); 1st F60, 2nd F55 and 17th of all master cats (of 160) in Kent Cross Country League final standings; 1st F60 in Kent Cross Country Championships; 2nd F60 in South of the Thames Cross Country Association Championships; 3rd F55 in Kent Masters Cross Country Championships; 4th F55 in Deal Dinosaur 10k.
- **Pru Clements** 2nd F35 in Kent Long Course Road Championships at the Dartford Half Marathon; 1st F35 in Tonbridge Half Marathon; 3rd F40 and 2nd F35 team in Kent Masters Cross Country Championships; 2nd F35 overall in the Kent Road Running Grand Prix; 3rd F40 in South of the Thames Cross Country Association Championships.
- **Dave Hadaway** AGPBs at 10 miles and half marathon; 1st M50 team in Kent Long Course Road Championships at the Dartford Half Marathon; 1st M50 Hildenborough 10; 1st M50 overall in the Bedgebury Summer 10k Series.
- **Jillian Holford** 1st F45 in Mid Kent 5 Miles and Lee Valley Velo Park 10k; 2nd F35 team in Kent Masters Cross Country Championships, 2nd F45 in Staplehurst 10k and Rye Summer 5k Series Event 3; 9th F45 and of 40th of all master cats (of 160) in Kent Cross Country League final standings; 4th F45 in South of the Thames Cross Country Association Championships.
- **Andy Howey** Twelve club M55 records at 200m, 800m (twice), 1500m, 3000m, 5000m, mile, 5k, 10k, 10 miles (twice) and half marathon; selected to run for England M55 team in Masters’ 10k International; 1st M50 in the Kent Road Running Grand Prix; 1st M55 in South of England Masters Cross Country Championships, 1st M55 in South of the Thames Cross Country Association Championships; 2nd M55 in British Masters Multi Terrain Championships in the North Downs 30k; 1st M50/M55 in Kent Cross Country League final standings and 4th (of 236) of all masters cats; 1st M55 in Chichester 10k, 1st M50 in Canterbury 10, Dartford Half Marathon, Folkestone 10, Westminster Mile, Eastbourne 5k, Deal Dinosaur 10k, Eridge Park 10 and Penshurst Cross Country.
- **Nicola Morris** Two club F45 records at mile and 5k; 1st F45 in Eastbourne Golden Mile and 5k and Poppy 5k; 2nd F45 in East Grinstead 10, Haywards Heath 10 and Burgess Hill 10k, and 2nd F45 overall in the three race series; 2nd F45 in Rye Summer 5k Series Events 1 & 2 and 3rd F45 in Event 3; 3rd F45 in Westminster Mile and Deal Dinosaur 10k; 4th F45 in the Kent Road Running Grand Prix.
- **Kate Naylor** 1st F40 in Bedgebury Forest 10; 2nd F35 team in Kent Masters Cross Country Championships; 4th F40 in Kent Cross Country League Event 2; 7th F35 in the Kent Road Running Grand Prix.
- **Lesley Page** 3rd F40 in the Kent Marathon Championships; 3rd F40 in the Vanguard Way Marathon; 10th F35 in the Kent Road Running Grand Prix.
- **Nick Pierce** AGPB at half marathon; 1st M60 in Hildenborough 10; 2nd M60 Penshurst Cross Country; 3rd M60 Bedgebury Forest Half Marathon; 4th M60 at Kent Cross Country League Event 2 and 5th M60 at Event 1.
- **Peter Richardson** 3rd M60/1st M65 and of 41st of all master cats (of 236) in Kent Cross Country League final standings; 5th M60 in Penshurst Cross Country and East Sussex CCL, Ashdown Forest.
- **Stella Richardson** Three F60 club records at mile, 10k and half marathon; 1st F60 in Eastbourne Golden Mile and 5k, Kent Cross Country League Events 1 to 3 and Penshurst Cross Country; 2nd F60, 4th F55 and 22nd of all master cats (of 160) in Kent Cross Country League final standings, 2nd F60 in Hastings Half Marathon, South Downs Half Marathon.
- **Bryon Taylor** 1st M75/5th M70 in Kent Cross Country League final standings; 2nd M75 in Kent Masters Cross Country Championships
- **Mark Taylor** Club M65 5 mile record; AGPBs at 5 miles and 10k; 1st M60 in Lydd Half Marathon, Harvel 5, Eridge Park 10 and Beckenham Half Marathon; 1st M65 in Rye 10, Bedgebury 10k Series Events 2 & 3, Mid Kent 5 miles, Rye Summer 5k Series Events 1, 2 & 3 and East Peckham 10k; 2nd M60 in Bedgebury Forest Half Marathon; 2nd M65 in Canterbury Half Marathon and Pett Christmas Pudding Dash; 3rd M60 in Goudhurst 10k, Deal Dinosaur 10k and Weald St Georges 10k; 10th M60/5th M65 in Kent Cross Country League final standings (2nd M65 in Events 1 & 2, 3rd M65 in Event 3).
- **Tara Taylor** 1st F50 in Larmer Tree Marathon, Pembroke Coastal Marathon, Rotary Heritage Coastal Marathon, Jurassic Quarter 46 miles, Giant’s Causeway Coastal Marathon and Steyning Stinger Marathon; 5th F50 in Beachy Head Marathon.
- **Geoff Turner** AGPBs at 10k, 10 miles and half marathon; 11th M50 overall in the Kent Road Running Grand Prix.