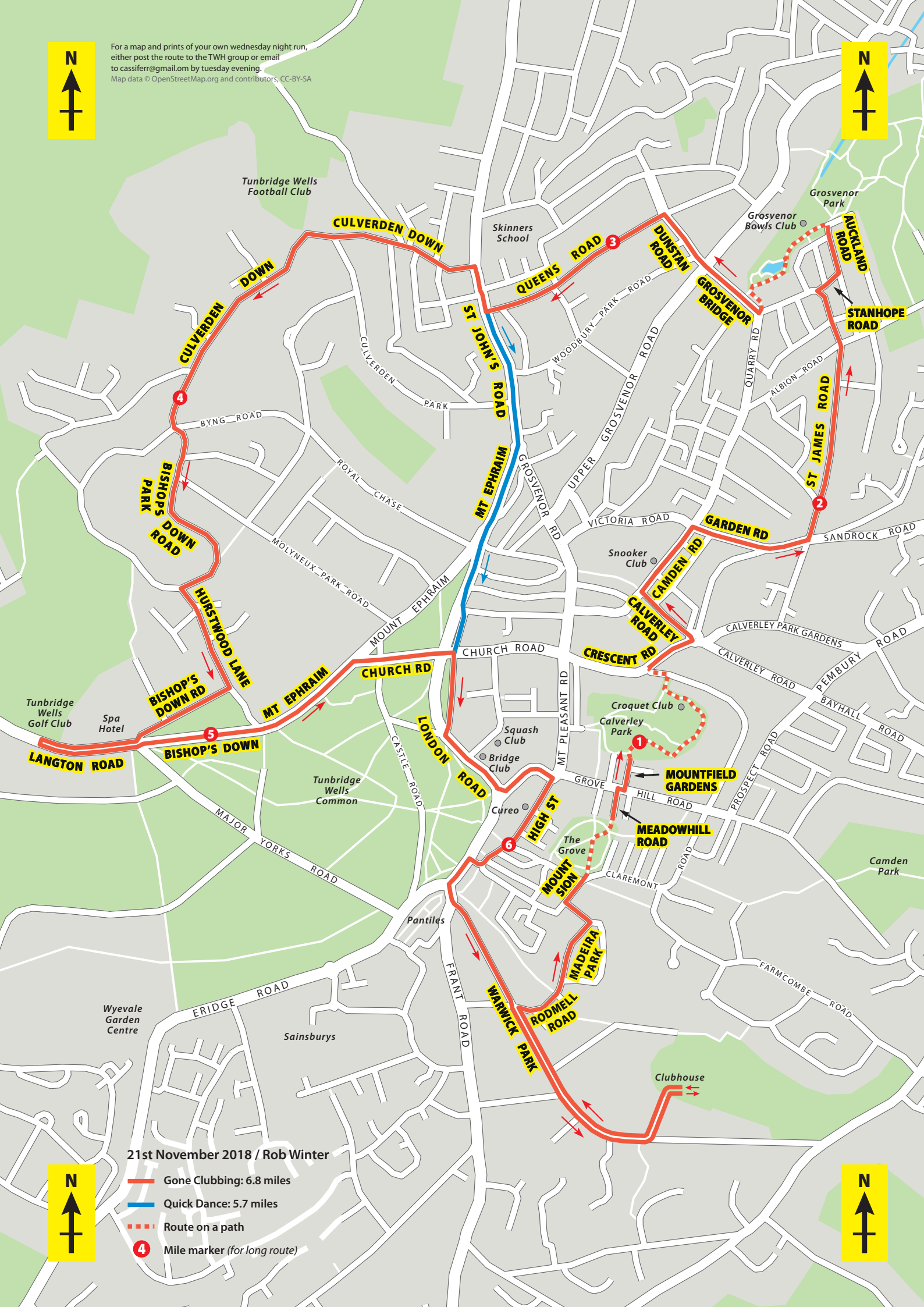




For a map and prints of your own wednesday night run, either post the route to the TWH group or email to [cassiferr@gmail.com](mailto:cassiferr@gmail.com) by tuesday evening.  
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21st November 2018 / Rob Winter

- Gone Clubbing: 6.8 miles
- Quick Dance: 5.7 miles
- ⋯ Route on a path
- 4 Mile marker (for long route)

